



Armed Forces College of Medicine

AFCM



Mycobacteria

Intended Learning Objectives (ILOs)



By the end of this lecture the student will be able to:

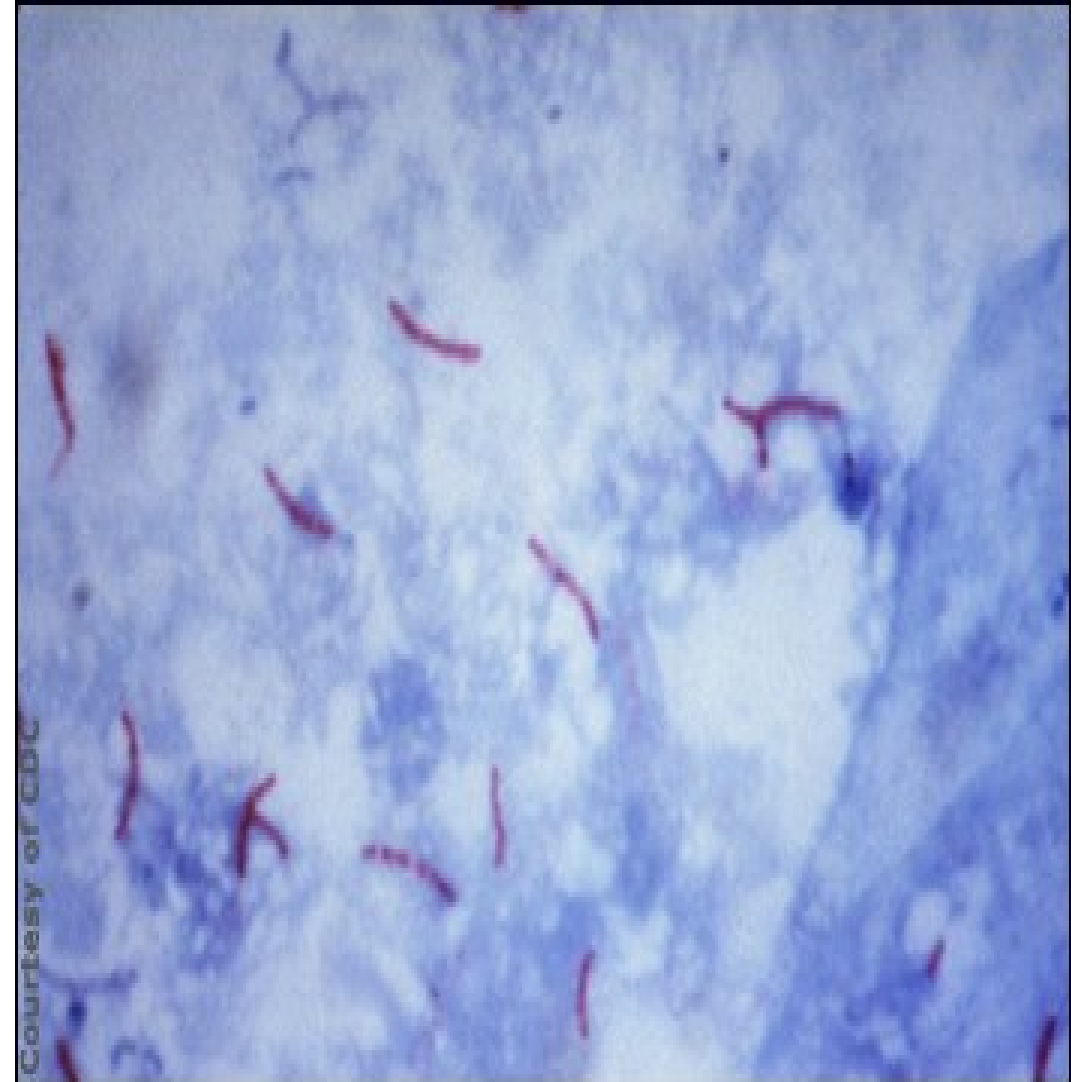
- Describe pathogenesis & clinical manifestations of pulmonary TB
- Outline the laboratory diagnosis of T.B.



Mycobacteria



Mycobacteria are **aerobic** bacilli that have an unusual cell wall, resulting in the inability to be Gram-

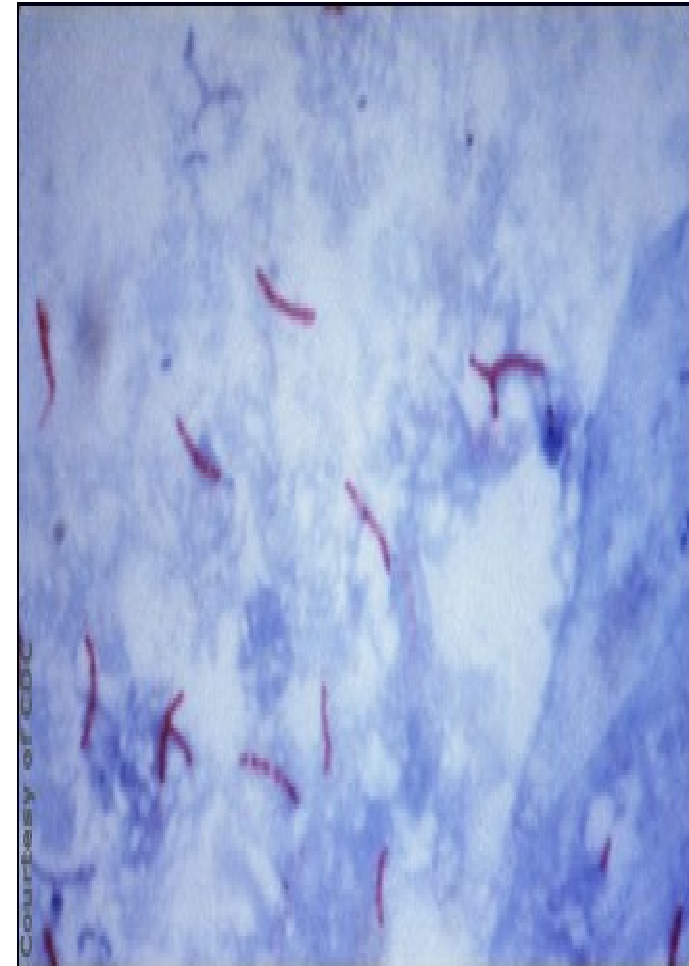


Courtesy of CDC

Mycobacteria



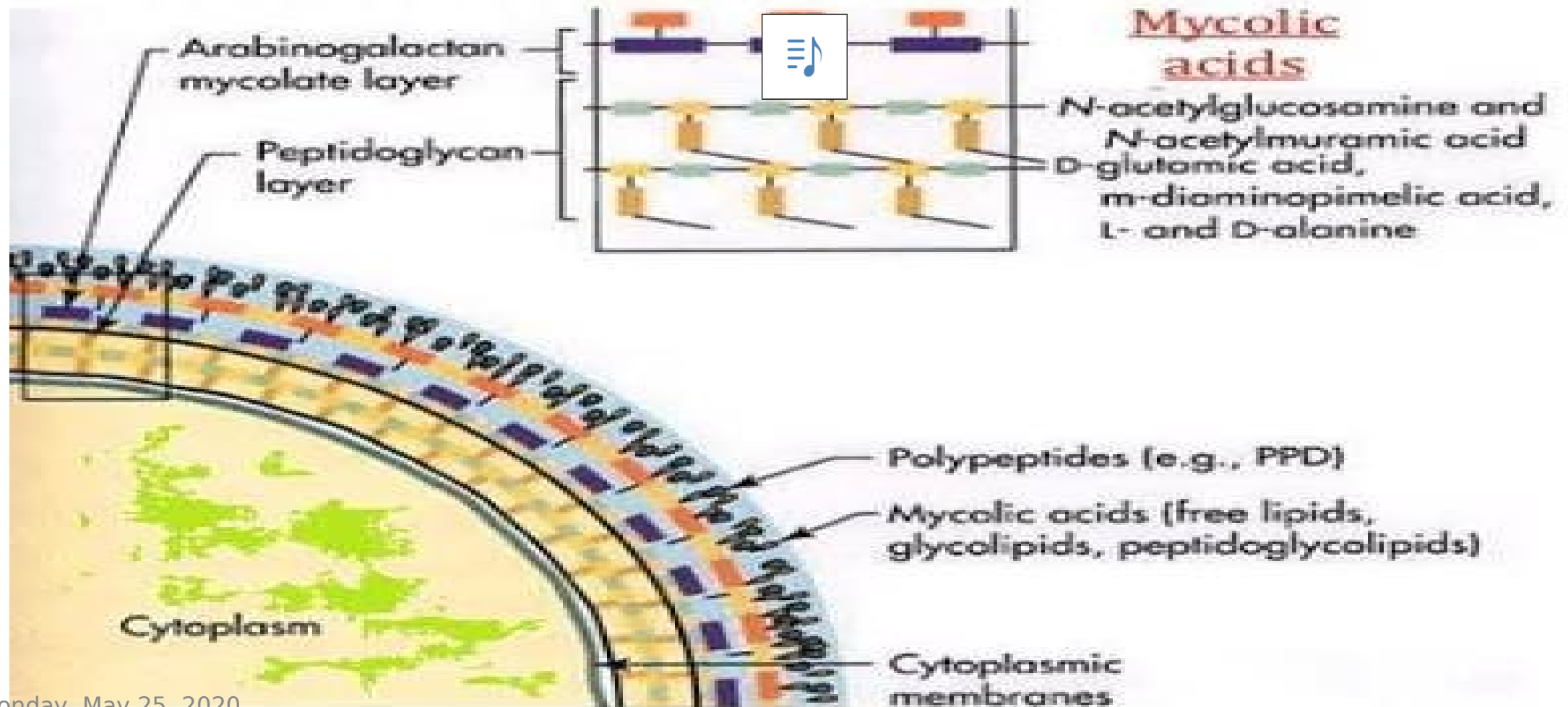
These bacteria are **ACID FAST** because they resist decolorization with acid/ alcohol after being stained with carbol fuchsin. This is due to the high concentration of lipids, **mycolic acids**, in their cell wall



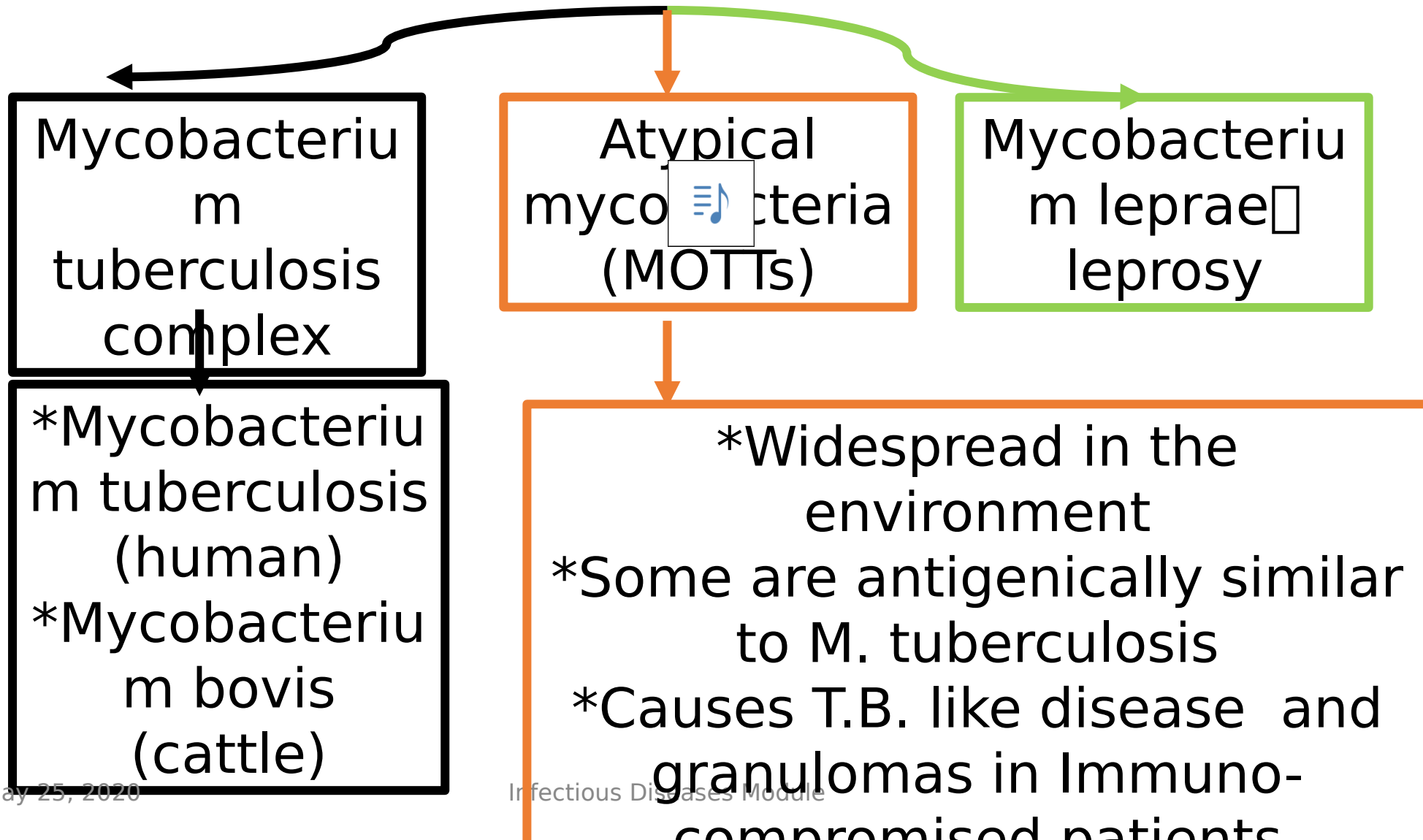
Cell wall of Mycobacteria




Lipid-Rich Cell Wall of Mycobacterium



Members of Mycobacteria



Mycobacterium tuberculosis- Disease

- This organism causes tuberculosis.
- Worldwide, *M. tuberculosis* causes more **deaths** than any other single microbial agent.
- One-third of the  world's population is infected with this organism

Mycobacterium tuberculosis- Properties



- M. tuberculosis is an **obligate aerobe** disease in highly oxygenated tissues (upper lobe of the lung and the kidney)
- Non motile non-capsulated and non-spore forming



Mycobacterium tuberculosis- Properties

- Resistant to dehydration □ survives in dried expectorated sputum

• Grows slowly

Cultures incubated for 6
to 8 weeks before
recording as negative

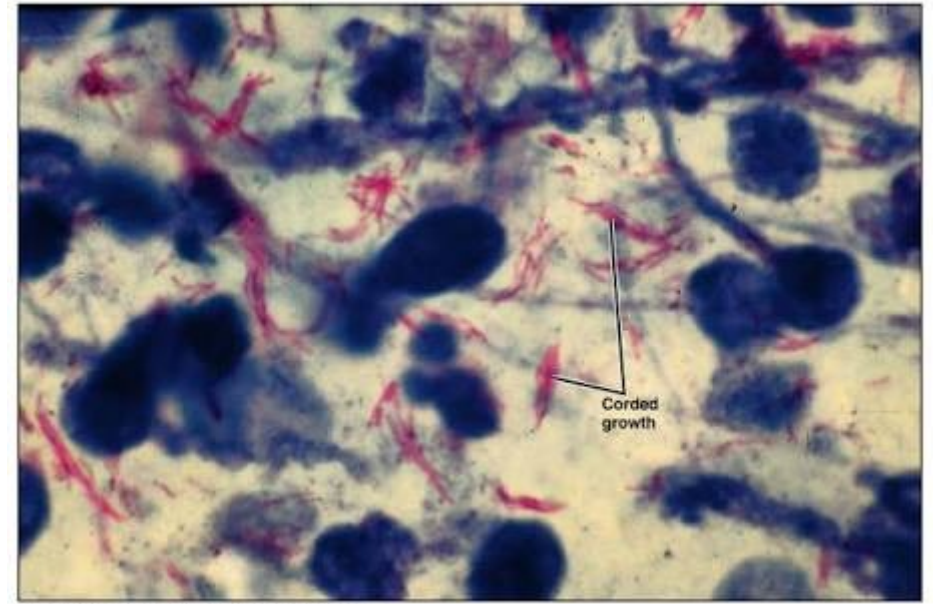
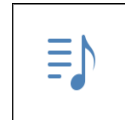
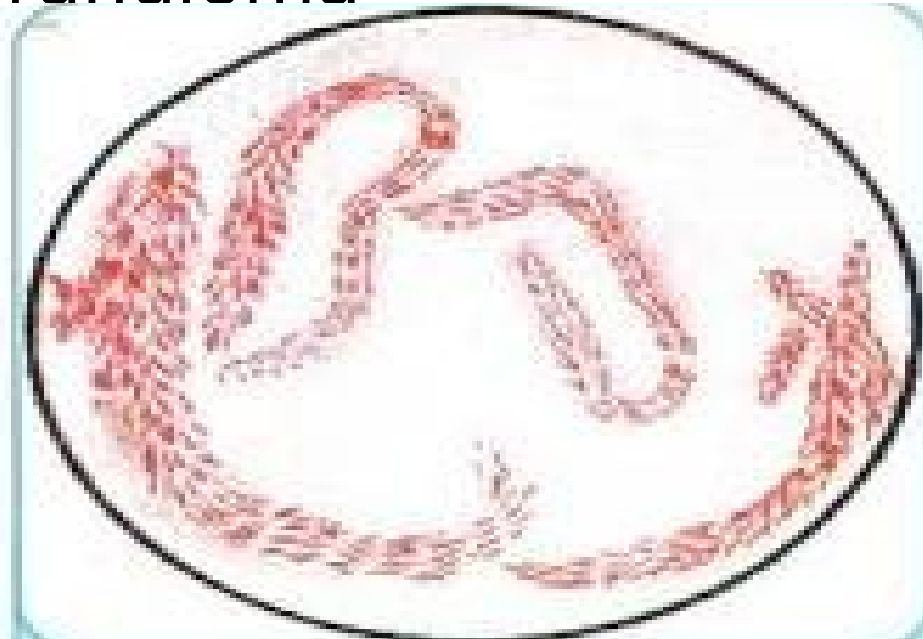


Prolonged
course of TTT

Mycobacterium tuberculosis- Virulence factors



1- Cord factor (glycolipid): Virulent strains grow in a characteristic “serpentine” cordlike pattern, as the bacilli stick together □ toxic to leukocytes+ antichemotactic+ development of granuloma



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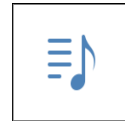
Mycobacterium tuberculosis- Virulence factors



2- Several antigenic proteins □ elicit hypersensitivity reactions

3- Mycolic acid: inhibits formation of phagolysosome in macrophage → **INTRACELLULAR SURVIVAL.**

4- Metabolically inactive: difficult to kill by antibiotics



5- Antibiotic resistance: acquired by chromosomal gene mutation.

Mycobacterium tuberculosis- Transmission



Mycobacterium tuberculosis

- Person to person by respiratory AEROSOLS (mostly from smear positive patients) □ Lung □ reside in MQ.
- Humans are natural reservoir

Mycobacterium bovis

- Ingestion of unpasteurized milk from infected cows □ intestinal tuberculosis

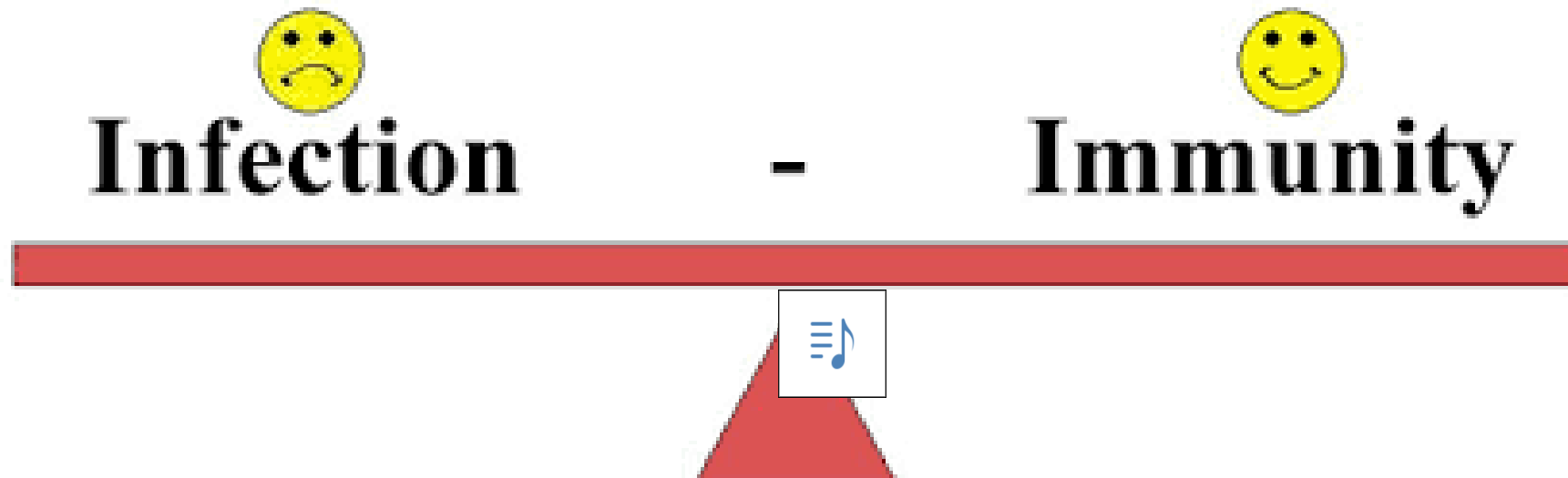


Risk factors: Immune suppression, poor housing, poor nutrition

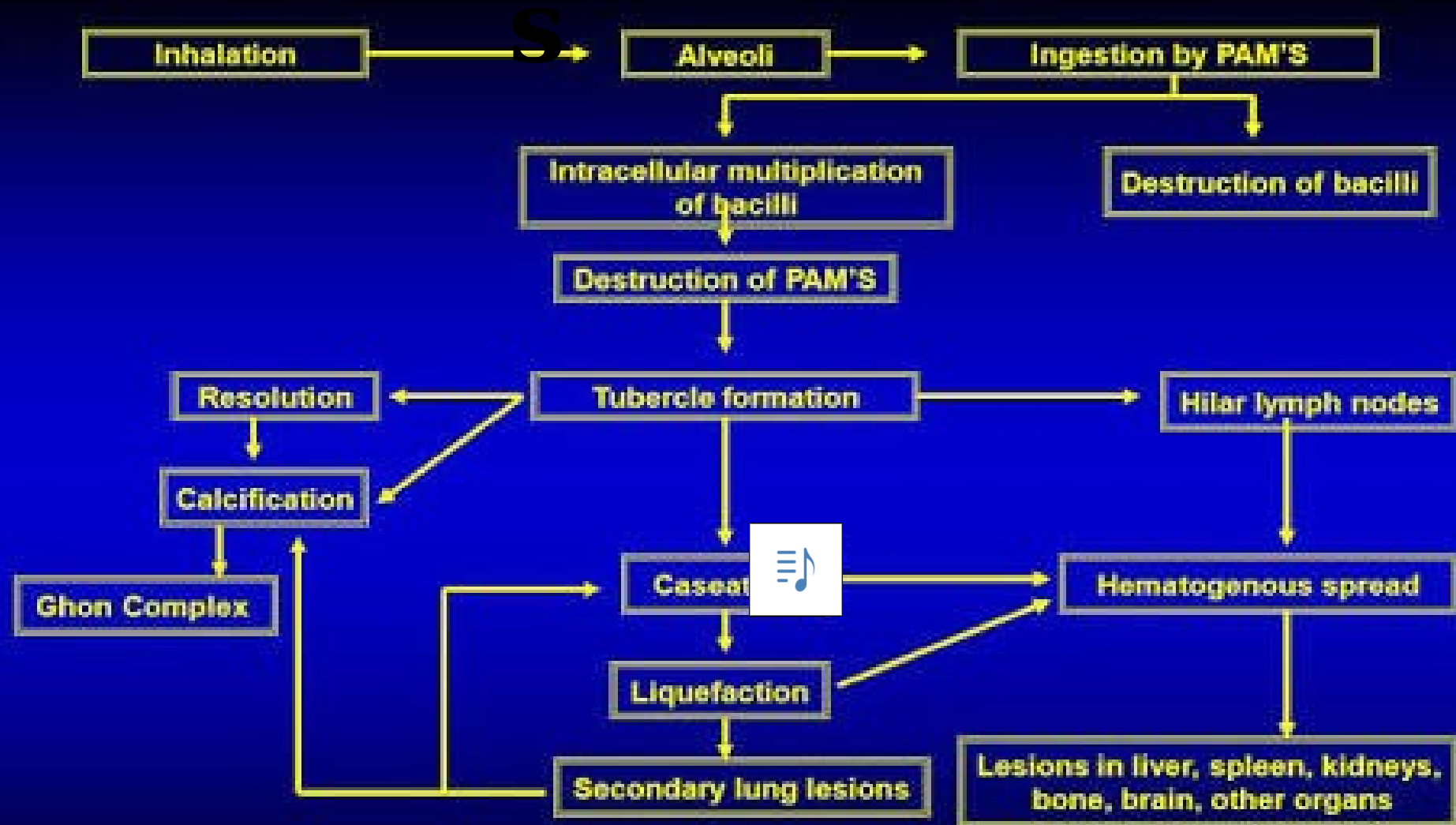
Pathogenesis



- NO exotoxin... NO endotoxin
- MQ infection → phagosome → mycolic acid inhibits its fusion with lysosomes → the organism escapes the degrading lysosomal enzymes → Intracellular survival.



Pathogenesis



Pathogenesis

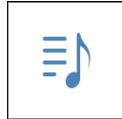


Spread of the organism within the body occurs by two ways:

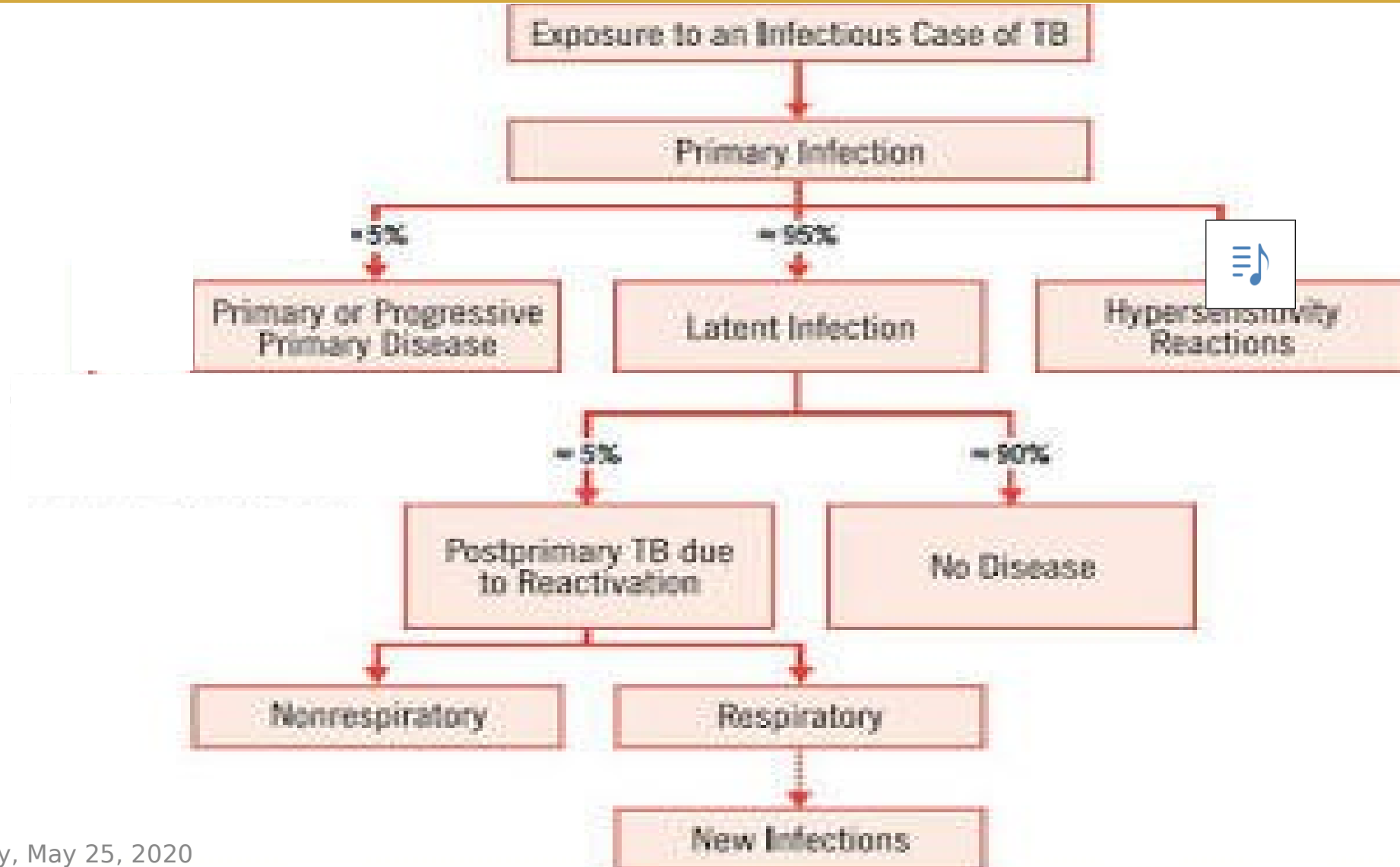
←
Tubercle erodes into a bronchus, empties its caseous contents → spread of the organism to other parts of the lungs, to the GIT if swallowed, and to other persons if expectorated

→
Via the bloodstream to many internal organs if cell-mediated immunity fails to contain the initial infection or at a late stage if a person becomes immuno-compromised

Immunity and Hypersensitivity

- After recovery from the primary infection, resistance to the organism is mediated by **Th-1** 
- Circulating antibodies also form. Do they have a role in resistance??

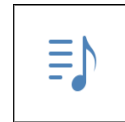
Clinical findings



Clinical findings



- Asymptomatic: Latent infection...
- Generally: fever, night sweating, weight loss
- Pulmonary: cough, expectoration.. Hemoptysis??
- Extrapulmonary: lymphadenitis (most common), erythema nodosum



Clinical findings



- GIT: abdominal pain and diarrhea, intestinal obstruction or hemorrhage may occur.
- Oropharyngeal tuberculosis: painless ulcer + lymphadenopathy

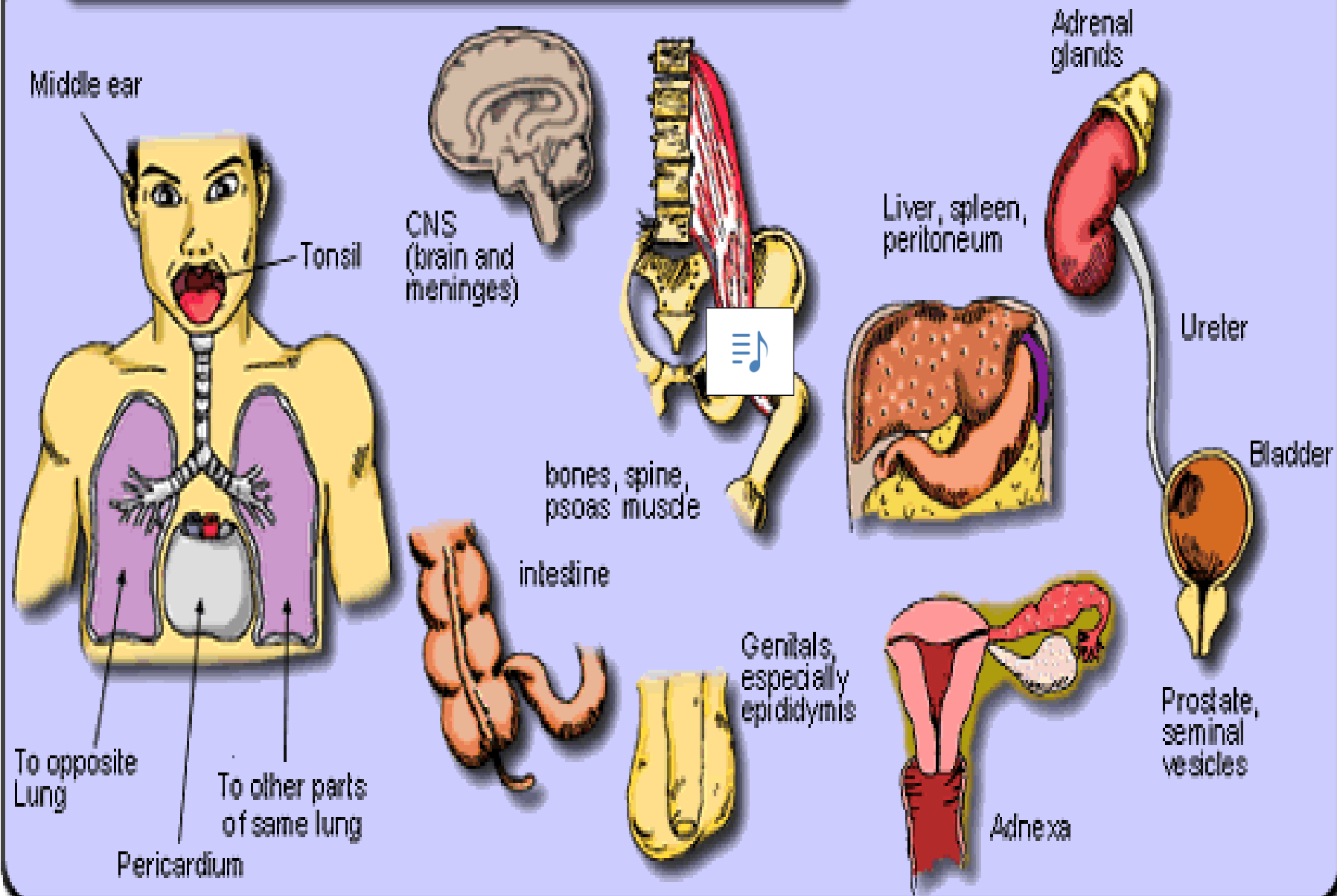
Clinical findings



- Renal tuberculosis: mostly reactivation lesion □ dysuria, hematuria, and flank pain occur. “Sterile pyuria” is a characteristic finding???
 - Miliary T.B.: multiple disseminated lesions resembling millet seeds
- Tuberculous meningitis and tuberculous osteomyelitis, specially vertebral osteomyelitis (Pott’s disease), are important disseminated forms.



Tuberculosis Affects Many Parts of the Body



Laboratory Diagnosis



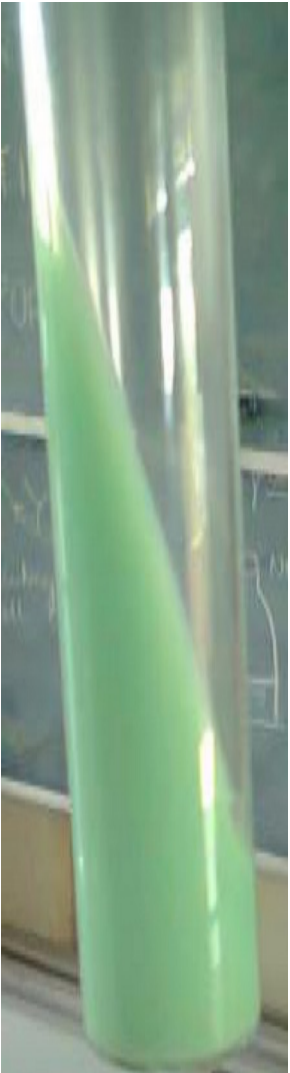
1- Acid fast staining of sputum or other specimens by **ZN** stain

2- Isolation and identification: culture is performed on L.J. medium□ incubated for up to **8 weeks**

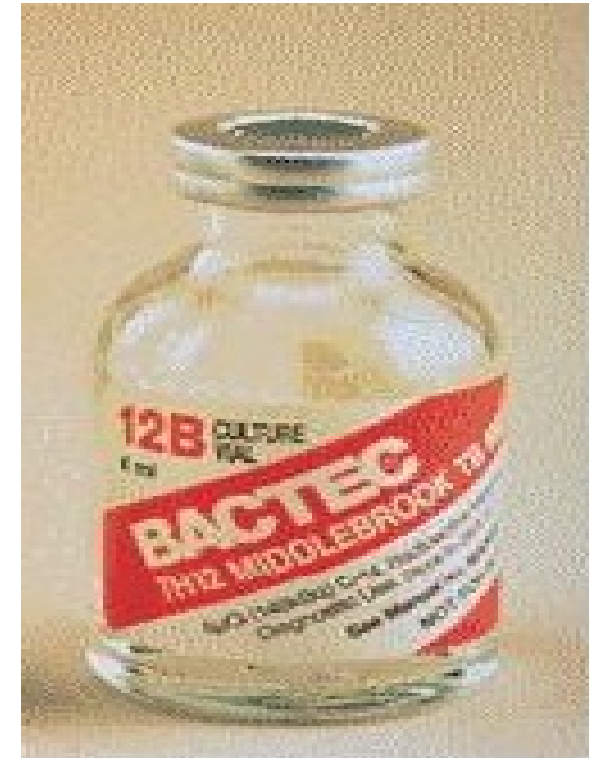
- In liquid BACTEC medium, radioactive metabolites are present, and growth can be detected by the production of radioactive carbon dioxide in about **2 weeks.**

OBSOLETE

3- PCR and nucleic acid amplification techniques: detect the presence of *M. tuberculosis* directly in clinical specimens



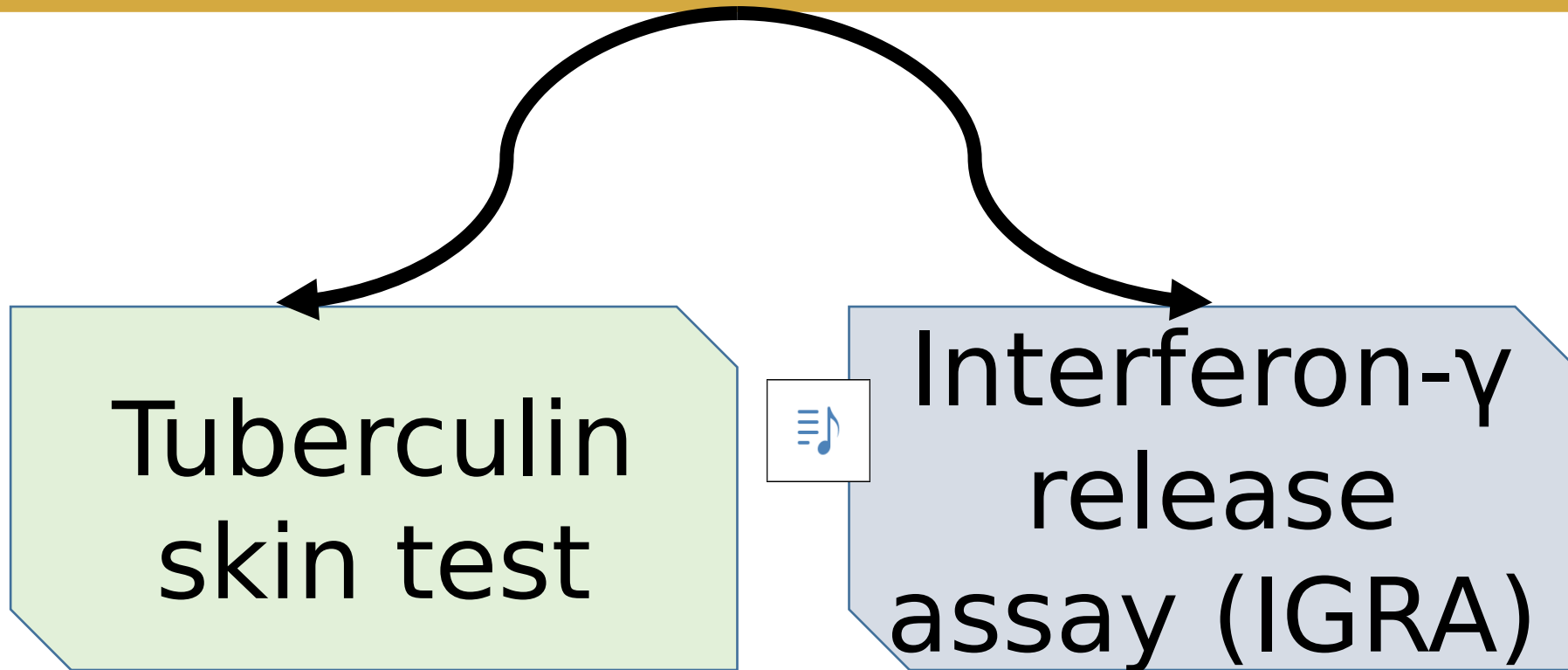
Specimen containing TB



14
Utilize ¹⁴C labeled palmitic as
a single carbon source

**Radioactive
CO₂**

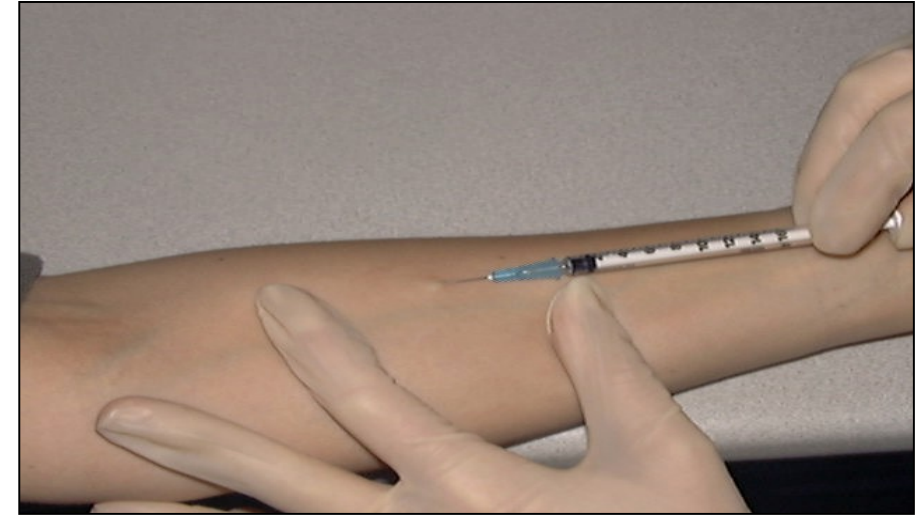
Laboratory Diagnosis of Latent T.B.



Tuberculin skin test



Purified protein derivative (PPD) is the antigen used □ injected intra-dermally □ delayed hypersensitivity reaction within 72 hours □ induration surrounding the test site □ measuring its diameter which depends on the status of the individual being tested



Tuberculin skin test




- The test is considered positive when the diameter is:

15 mm or more

- In a person who has no known risk factors

10 mm or more


- In a person with high-risk factors, (homeless person, intravenous drug users,  medical staff.

5 mm or more

- In a person who has deficient cell-mediated immunity (e.g. AIDS patients) or close contact with a person with active tuberculosis

Tuberculin skin test



- A positive skin test result indicates previous exposure to the organism but not necessarily active disease.
- The tuberculin test becomes positive 4 to 6 weeks after infection 

Interferon- γ release assay (IGRA)

Blood cells from the patient are exposed to antigens from *M. tuberculosis* (in vitro test)

****This antigen is NOT PRESENT in BCG**



Amount of interferon- γ released from the cells is measured



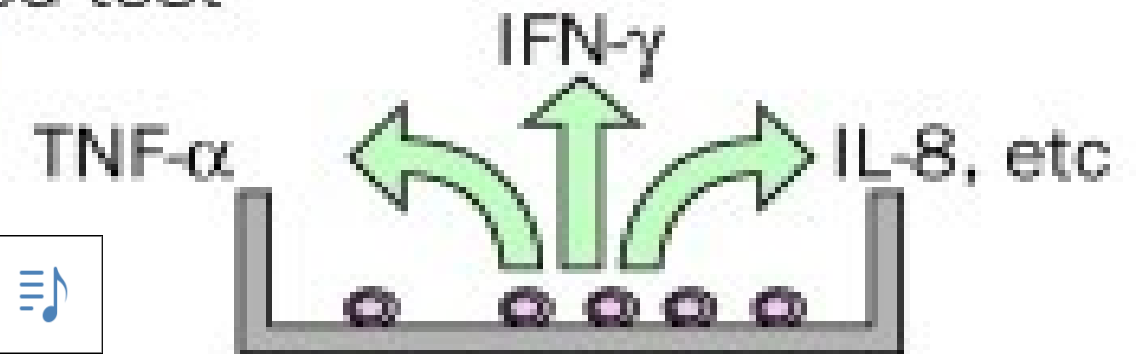
Advantages??

Measurement of
induration and erythema



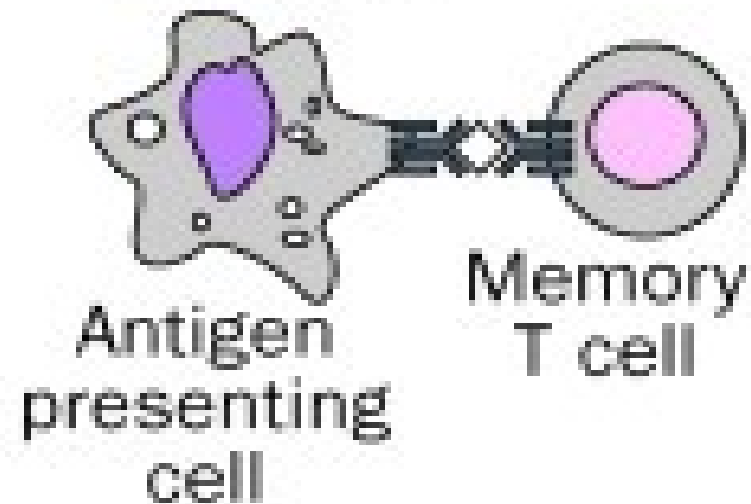
Skin test

in-vitro
blood test



Measurement of $\text{IFN-}\gamma$
production

Presentation of
mycobacterial
antigens



Emergence of T.B.



- Tuberculosis emerging today as a leading infectious killer of youth and adult all over the world:

1- Increased incidence of HIV infection.

2- Emergence of MDR strains.


3- 



Prevention of T.B.



1- BCG vaccine: induces partial resistance to tuberculosis. **Does not** prevent disease. Prevents mortality in children under 5 years of age.

The vaccine contains a strain of live-attenuated M. bovis  called **B**acillus Calmette-**G**uérin.

- Effectiveness ranges from 0% to 70%.



2- Pasteurization of milk prevents intestinal T.B.

3- To prevent spread to medical personnel, other patients and the environment: Airborne isolation precautions

4- Tuberculin skin test to detect recent converters in: people with HIV infection, close contacts of patients with active tuberculosis, alcoholics and intravenous drug users. HCWs exposed to patients